



THE
BIRDS & BEES
STIRLING

The logo features the words 'THE BIRDS & BEES' in a large, bold, maroon serif font with a yellow outline. The word 'THE' is smaller and positioned above 'BIRDS'. The ampersand is yellow. Above the letters are several yellow line-art illustrations of birds: a sparrow above 'B', a penguin above 'I', a chicken above 'R', a duck above 'D', a stork above 'S', a parrot above 'B', a toucan above 'E', a peacock above 'E', and a rooster above 'S'. A yellow bee is positioned at the bottom right of the 'S' in 'BEES'. Below the main title, the word 'STIRLING' is written in a smaller, maroon serif font.

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SOUP AND SANDWICHES

Choice of Chefs Home-made Soup

V Made fresh daily and served with a crusty bread roll
£3.95

Today's soups with one round of sandwiches,

V with the filling of your choice – *see below for selection*
£5.95

BAKED POTATOES OR PANINIS

Garnished with seasonal salad and served with a filling of your choice

V Cheese and Coleslaw	£5.25	Coronation Chicken	£5.95
V Cheese and Pickle	£5.25	Tuna Mayonnaise	£5.25
V Cream Cheese and Chive	£5.25	Ham and Grain Mustard	£5.25
Brie and Ham	£5.95	Prawn Marie Rose	£6.50
V Baked Beans	£4.95	Chilli	£6.50
Tandoori Chicken and Crème Fraiche	£5.95		

(Additional toppings available £1.00 extra) All Paninis accompanied by seasoned wedges

STARTERS

Potato Shells	£4.70	Melon and Parma Ham	£5.95
V Crispy fried shells served with a dip of garlic & herb, or beef chilli		Thinly cut Parma ham draped over slithers of honeydew melon set in a pool of mango and raspberry coulis	
Goats Cheese and Spinach Tart	£5.25	Homemade Chicken Liver Patè	£4.95
V Sun blushed tomato with spinach, mild goats cheese and balsamic vinegar nestling in a pastry case		Chef's own red wine and herb patè with fresh salad, Cumberland sauce and oatcakes	
Crisp Coated Medallions of Haggis	£4.95	Buffalo Mozzarella Bruschetta	£4.95
The Scottish National Dish – coated in breadcrumbs and served with a malt whisky and mustard mayonnaise		V Slow roasted tomato, basil and buffalo mozzarella, topping Italian flat bread	
King Prawn Salad	£6.50	Nachos	
Warm king prawns nestling on a bed of seasonal leaves and drizzled with a sweet chilli sauce		V Crunchy nachos topped with melted cheese and served with crème fraiche, tomato salsa and choice of	
Crispy Crumb Coated Brie Bites	£4.75	Cheese £4.50	Chicken or chilli £5.50
V French brie coated with a golden crumb served with crisp salad and cranberry sauce		V Garlic Bread	£3.25
		Garlic Bread with mozzarella cheese	£3.75

MAIN COURSES

Catch of the Day	Seasonal Variation	Vegetable Burger	£7.75
Freshly delivered by our fishmonger – your server will be pleased to discuss today's dish		V Vegetable burger with golden crumb coating served with either cheese <i>or</i> plain, and garnished with crisp salad and french fries	
Steak and Onion Pie	£7.95	The Birds & Bees Steak Sandwich	£7.50
Our steak pie is made with prime beef and cooked in a rich gravy and topped with puff pastry		Slices of prime lean Scottish steak placed on lightly toasted ciabatta bread and topped with browned red onion rings, served with seasoned wedges	
Beefburger	£7.75	Tagliatelle Bolognese	£8.50
Placed in a floured bun with either cheese or plain, and garnished with crisp salad and french fries		Our secret recipe is used for this world famous dish	
Peppered Chicken	£9.50	Sausage and Mash	£7.50
A succulent breast of chicken char grilled and smothered with a creamy peppercorn sauce		Pork and leek sausages grilled then placed on creamy mash coated in a red wine onion gravy	
Thai Green Curry	chicken & beef £9.50 – king prawn £10.95	Jambalaya	£10.50
Chicken, beef or king prawns bound in a light green Thai curry sauce with onions and peppers, served with white rice and prawn crackers		A spicy Creole dish with chicken, spicy chorizo sausage and king prawns bound in white rice and Creole sauce	
Breaded Scampi	£8.50	Haggis, Neeps and Tatties	£8.50
Pieces of scampi encased in golden crumb and served with seasonal salad		Traditional Scottish dish coated with a whisky and onion sauce served with oatcakes	
Chicken Burger	£7.75	Mexican Beef Chilli	£7.95
Chicken in crispy crumb served with either cheese <i>or</i> plain and garnished with crisp salad and french fries		Prime steak mince with onions, peppers, ground spices and kidney beans served with a choice of rice or nachos	
Chicken and Brie	£10.95	Fillet of Haddock	£7.50
Breast of chicken stuffed with a creamy brie, wrapped in Parma ham and served with a tangy cranberry sauce		Prime fillet of haddock coated in breadcrumbs and served with a crisp salad garnish and fries	
Homemade Macaroni Cheese	£7.50		
Bound in a rich cheese sauce laced with lardons of smoked bacon served with garlic bread			

VEGETARIAN DISHES – Items marked with a **V** are or can be made vegetarian